



“There is still so much more to do.”

Deborah Spitalnik

Consumer Directed Option Brief

Directed Kentucky's Independence Plus Program is part of the National Cash & Counseling Demonstration Program which allows Medicaid members who require waiver services to purchase those services differently. The program is a joint effort between the Department of Medicaid Services; Department for Mental Health, Developmental Disabilities and Addiction Services; and Department for Aging and Independent Living

What is Kentucky's Independence Plus Program/Consumer Option (CDO):

- ❖ CDO allows you, the Medicaid waiver member, to make choices in how some of your Medicaid services are provided.
- ❖ CDO gives you the power of choosing who will provide services, how services will be provided, when services will be provided, and where services will be provided. CDO does **NOT** take away any current services and is **Not** an increase or expansion of current services.

Who is Eligible:

All Medicaid members that receive services through the

- ❖ Home and Community Based Waiver (HCB) for persons that are elderly or have physical disabilities.
- ❖ Supports for Community Living (SCL) Waiver for persons with mental retardation/developmental disabilities; and
- ❖ Acquired Brain Injury (ABI) Waiver for persons with acquired brain injury.
- ❖ Michelle P. Waiver for persons eligible for HCB or SCL services.

Who can Participate:

Individuals meeting the eligibility and financial requirements for the HCB, SCL, and ABI waivers can participate. Medicaid and waiver eligibility criteria will remain as they are now.

You must also be able to understand how to manage your own care or have someone willing to act as your personal representative and assist you with your budget and direction of your services.

Waiver Services That Can Be Consumer Directed:

- ❖ HCB: respite, personal care, homemaking, and attendant care
- ❖ SCL: respite, community living supports, adult day training and supported employment
- ❖ ABI: respite, companion care, and personal care
- ❖ Michelle P: personal care, homemaker services, supported employment, adult day training, respite, behavioral supports, adult day healthcare, attendant care, community living supports, occupational, speech and physical therapy.

Who Can Provide CDO Services?

You and/or your representative may recruit, hire, and supervise your own staff to provide services as approved in your plan of care. Staff may include family members, friends, relatives, neighbors, or others recruited by you, such as provider agencies.

How Too Set Started

For the HCB Waiver, contact the local agency on Aging and Independent Living or for the ABI, SCL and Michelle P Waivers, contact the regional Community Health Center in your area. Then, you will be assigned a Support Broker who will help you design a Plan of Care based on your personal needs.

Process

If you currently receive CDO Waiver Services, it is important to know that:

- ❖ you are approved for a specific period of time (Current level of care certification period) and that a reassessment must be completed up to twenty-one (21) days prior to the expiration of current certification period.
- ❖ another specific period of time will be determined and a new Plan of Care will be written.
- ❖ your Support Broker will request another CDO budget and submit the budget to Medicaid.
- ❖ your primary care physician (HCB services) or approved provider (SCL, ABI) will complete appropriate paperwork (MAP 10).
- ❖ once Support Broker receives Medicaid approved CDO budget, a support spending plan (MAP 109) will be completed. The Support Broker is responsible for ensuring that hourly pay rates to person providing direct assistance do not exceed Medicaid regulatory limits.
- ❖ the Support Broker submits the Plan of Care (MAP 109), Physician or provider Waiver Service Form (MAP 10), Medicaid Waiver Assessment (MAP 351), Certification Form (MAP 350) and approved budget to obtain prior authorization from Quality Improvement Organization (QIO).
- ❖ services continue upon receipt of prior authorization.
- ❖ It is important that certification is consecutive or uninterrupted because there are no retroactive reassessments.

Understanding this lengthy and timely process will aid in working with your Support Broker and help to ensure that certification is ongoing.

What Happens If You No Longer Want to Consumer Direct:

You return to traditional services with no break in service delivery.

<http://chfs.ky.gov/agencies/os/dail/Consumer+Directed+Option.htm>