



The home is the bottom line of life, the anvil upon which attitudes and convictions are hammered out. [It is]... the single most influential force in our earthly existence. No price tag can adequately reflect its value. No gauge can measure its ultimate influence ... for good or ill. It is at home, among family members that we come to terms with circumstances. It is here life makes up its mind."
-- Chuck Swindoll (1934-), American author and educator

Housing Brief

Deciding where you want to live after completing high school is an important decision and should be thoroughly examined before making your decision. There are various agencies that can provide information and assistance that will help you make an informed decision.

Some of the areas you need to consider are:

- Who do you want to live with or would you prefer to live alone.
- If you plan to further your education, do you want to live in a dormitory, apartment or at home while attending higher education classes.
- If you plan to rent, what rental property is available in your area and what type of programs may provide rental assistance, helping you to afford living on your own.
- If you plan to buy your own home, what types of programs are available for you to consider.
- What type, if any, assistance and support do you need to live independently or in supported living arrangements.

Independent living means “able to live on your own” with little to no support. If you wish to live with this arrangement you will need to be able to care for your daily living activities – grooming, bathing, cooking, cleaning, shopping and maintaining your home with little assistance.

Supported living means to “live on your own with assistance and support”. This arrangement may include having someone to help you with taking care of your personal needs, take care of your home and provide help with money management. Support will help you to live independently but with assistance.

There are programs available to help with housing needs and the supports to live independently. You may wish to learn more about the Supports for Community Living Program, Supported Living, Rental Assistance, Fair Housing and Home Ownership.

If so, please contact the office of The Arc of Kentucky, 706 East Main Street, Suite A Frankfort, KY or call 502-875-5225 to speak to an advocate or e-mail arcofky@aol.com. You may also want to visit the website of the Kentucky Cabinet for Families and Children, Kentucky Department for Aging, Kentucky Housing Corporation and HUD (US Department for Housing and Urban Development).



There is no place like home!